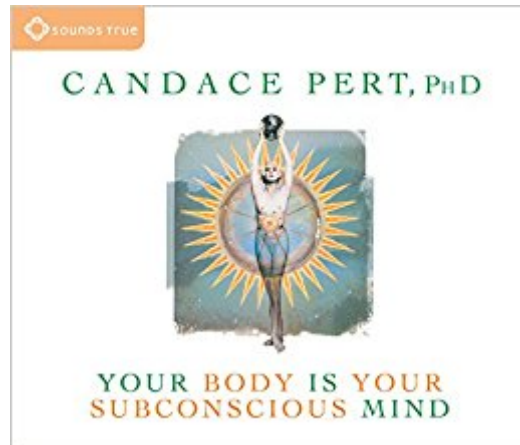




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# **Your Body Is Your Subconscious Mind**



## Synopsis

Your brain is not in charge. This revelation by Dr. Candace Pert challenges conventional science—and everyone interested in total wellness—to reconsider how our bodies think, feel, and heal. As the leading pioneer in a radical new science of life, this bestselling author and world-class neuroscientist has given us an inside look at the molecular drama being staged within every cell of the human body—and a glimpse into the future of medicine. Now, in her own words, Dr. Pert describes her extraordinary search for the grail of the body's inborn intelligence with *Your Body Is Your Subconscious Mind*. Dr. Pert first came to prominence when she dazzled the scientific community with her discovery of the opiate receptor in 1972. But this breakthrough event was only the beginning of a uniquely productive—and often controversial—career. On *Your Body Is Your Subconscious Mind*, Dr. Pert describes her efforts over the past two decades to actually decode the information molecules, such as peptides and their receptors, that regulate every aspect of human physiology. Her model of how these biochemicals flow and resonate, distributing information to every cell in the body simultaneously, has unlocked the secret of how emotions literally transform our bodies—and create our health. Easily shifting from a bench scientist's view to a spiritual one, she relates her research to past and present mind/body topics, ranging from AIDS and cancer to the chakra system. Dr. Pert's personal and compelling voice makes this a listening experience that is part detective story, part spiritual odyssey—and entirely irresistible. *Your Body Is Your Subconscious Mind* takes you on a scientific adventure of the first order, escorted by this pathfinder, iconoclast, and "goddess of neuroscience."

## Book Information

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## Customer Reviews

Gain an inside look at the molecular drama being staged within every cell of the human body -- and a glimpse into the future of medicine -- with *Your Body Is Your Subconscious Mind*. In her own words, Dr. Candace Pert describes her extraordinary search over the past two decades for the grail of the body's inborn intelligence. Learn the secret of how your emotions literally can transform your body and create your health, with this bestselling author and neuroscientist. --This text refers to the Audible Audio Edition edition.

PhD Candace Pert Candace Pert, PhD (1946 – 2013), was a research professor in the Department of Physiology and Biophysics at Georgetown University Medical Center in Washington, DC, best known for her discovery of opiate receptors in the brain. She was a featured expert in the highly acclaimed Bill Moyers PBS series *Healing and the Mind* and in the popular movie *What the Bleep Do We Know!?* In addition to her research efforts, Dr. Pert lectured and taught about how our minds and feelings influence our health and well-being. She is the author of the bestseller *Molecules of Emotion: The Science Behind Mind-Body Medicine* and a contributing author to *Measuring the Immeasurable: The Scientific Case for Spirituality*. Her Sounds True audio programs include *To Feel Go(o)d*, *Your Body Is Your Subconscious Mind*, and *Psychosomatic Wellness*.

Contrary to reviews I have read about this book of the same name, I found this tape fascinating in every way. Dr. Pert has an enjoyable and entertaining way of putting her information forward without losing you in the process. Deepak Chopra fans will love this tape...

This is so good, I've bought some as gifts. If the mind is a subject your interested in, this is amazing. And, she was the authority on the biological.

I will not attempt to put any qualification on Candace work ,all I can write is that I have been deeply touched and transformed and I am profoundly grateful to have encountered and applied Candace work in my life .

Great book for those really interested in health and integrative medicine. It's empowering to know WHY we work like we do.

Great interview, excellent questions and provocative answers that leave you wanting more! BUT,

this is not the text of a "book." It is a lengthy interview on three CDs. I thought it was a book read aloud; nothing in the description said otherwise. This is the only reason I took away one star. Thankfully the CDs have a list of contents, making it easier to locate a topic of interest.

As a licensed psychoanalyst, it is so great to see how science is now proving what we have believed all along; that our body and our mind are one in the same. Technical, but very good!

good

This book is very insightful and interesting regarding mind and body connection. I can agree with many points explained in it. The later part of the book is, however, more to the author's autobiography.

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The Power of Your Subconscious Mind: There Are No Limits to the Prosperity, Happiness, and Peace of Mind You Can Achieve Simply by Using the Power of the Subconscious Mind, Updated Master Your Mind: Achieve Greatness by Powering Your Subconscious Mind [mental power, mind control, thought control] (brain power, subconscious mind power, NLP, Neuro Linguistic Programming) The Miracle of Mind Dynamics: Use Your Subconscious Mind to Obtain Complete Control Over Your Destiny Your Body Is Your Subconscious Mind MIND CONTROL: Manipulation, Deception and Persuasion Exposed: Human Psychology (Manipulation, Hypnosis, Brainwashing, Subconscious Mind, Psychopath) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) The Power of Your Subconscious Mind Sleep Sleep Sleep: Use the Power of Your Subconscious Mind to Sleep Smarter and End Insomnia in Just 21 Days The Fear and Anxiety Solution: A Breakthrough Process for Healing and Empowerment with Your Subconscious Mind The Fear and Anxiety Solution: Guided Practices for Healing and Empowerment with Your Subconscious Mind Dreams: The All-In-One Guide for Dream Interpretation and Lucid Dreaming to Uncover the Power of Your Subconscious Mind Body, Mind, and Sport: The Mind-Body Guide to Lifelong Health, Fitness, and Your Personal Best How to Get Instant Trust, Belief, Influence, and Rapport!: 13 Ways to Create Open Minds by Talking to the Subconscious Mind How To Get Instant Trust, Belief, Influence and Rapport! 13 Ways To Create Open Minds By Talking To The Subconscious Mind (MLM & Network Marketing) Subconscious Mind Power Body Language: Discover How to Connect, Analyze and Influence People in a Subconscious Level by Understanding

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